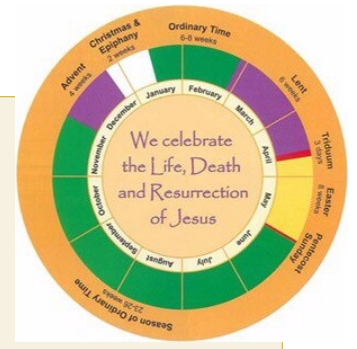




Christ at the Centre : Children at the Heart

Loving to Learn : Learning to Love



St Louis Catholic Academy News

NOVEMBER EDITION—OUR SECOND AUTUMN TERM

Dear families,

Thank you for all your support in Autumn term. It has been a tricky time with staff absences and children isolating but everyone worked so hard to keep a lively and interesting curriculum moving our learning forward. Mrs White has provided us with some wonderful writing opportunities and the author visit was so exciting.

We are now enjoying all the short stories that teachers have written for reading time. Writing is a school priority and we love to share great books and ideas to support children's writing. This Newsletter introduces some of our young journalists who have been working with the Newmarket Journal. We are grateful for Alison Hayes' time in supporting this group.

Fr Leo is keen to join children for class Masses over future weeks. We plan to continue with our celebration assemblies and our Lenten fundraising for Cafod will begin on 28th November.

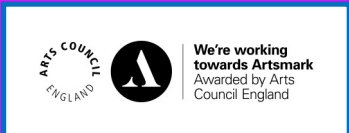
We are excited to be visiting Theatre Royal to see Cinderella, another stimulus for writing. We are sending out details shortly.

Our new Nursery and Reception children have settled so well and love meeting up with the wider school. They were unfazed by the writing sessions that they shared with our older children and loved writing together. We have also welcomed new children and their families to KS1 and KS2. We look forward to welcoming you in school.

The learning up to Christmas will be filled with great teaching and we will prepare for Christmas through prayer and charitable giving. We hope to involve families as much as possible,

I hope that you all remain safe and healthy, Sue Blakeley Headteacher

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Skills Builder

We are beginning to introduce children to these skills during this term.

You can find great resources for families to use at home



Autumn 2

- Week 1 Speaking & Listening
- Week 2 Teamwork Speaking & Listening
- Week 3 Teamwork Speaking & Listening Staying positive
- Week 4 Speaking & Listening Problem solving
- Week 5 Teamwork Aiming high
- Week 6 Staying positive Creativity
- Week 7 Teamwork Speaking & Listening staying positive Leadership

Please get ready to apply for a Reception school place for September 2022. You need to apply, even if you already have children in school or your child attends Nursery.

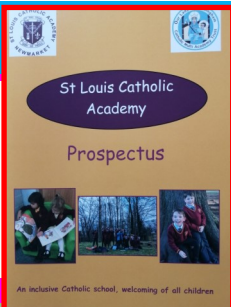
O God of truth and justice, we hold before you those people who have been injured or died in active service.

As we honour their courage and cherish their memory, may we put our faith in your future; for you are the source of life, peace and hope, now and forever.

Amen.

Our Lady Immaculate and St. Etheldreda Catholic Church, Newmarket

For all church dates and news, check the weekly church bulletin <http://www.olise.co.uk/wordpress/> Link to the latest newsletter from the parish home page

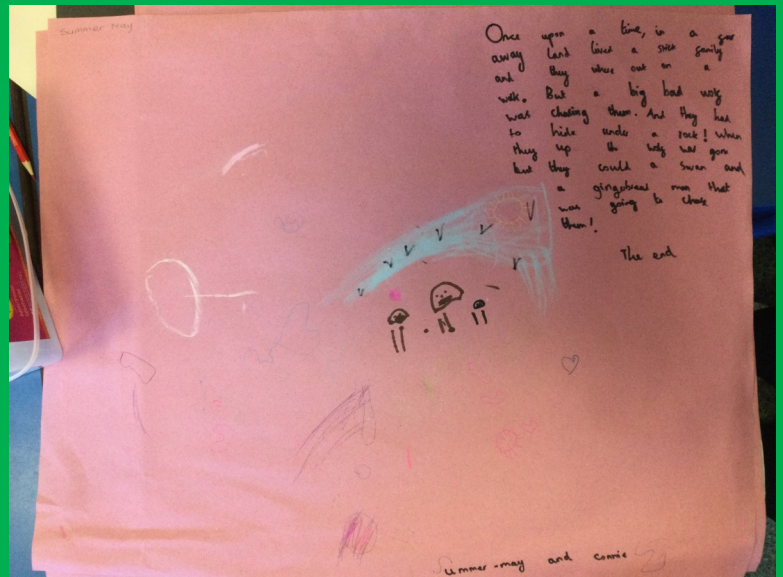
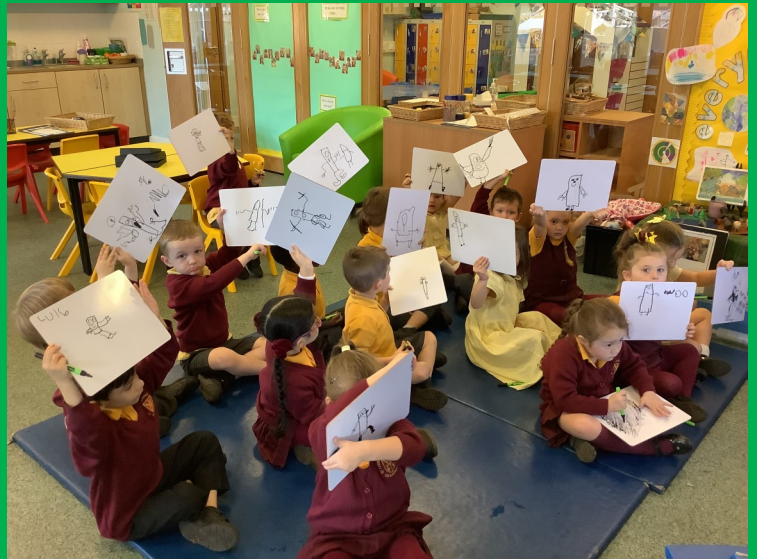


We have limited spaces in school in some year groups. Please tell your friends. We welcome visits from interested new families. We also encourage visits from 2022 intake for Nursery and Reception classes.

We have a school prospectus

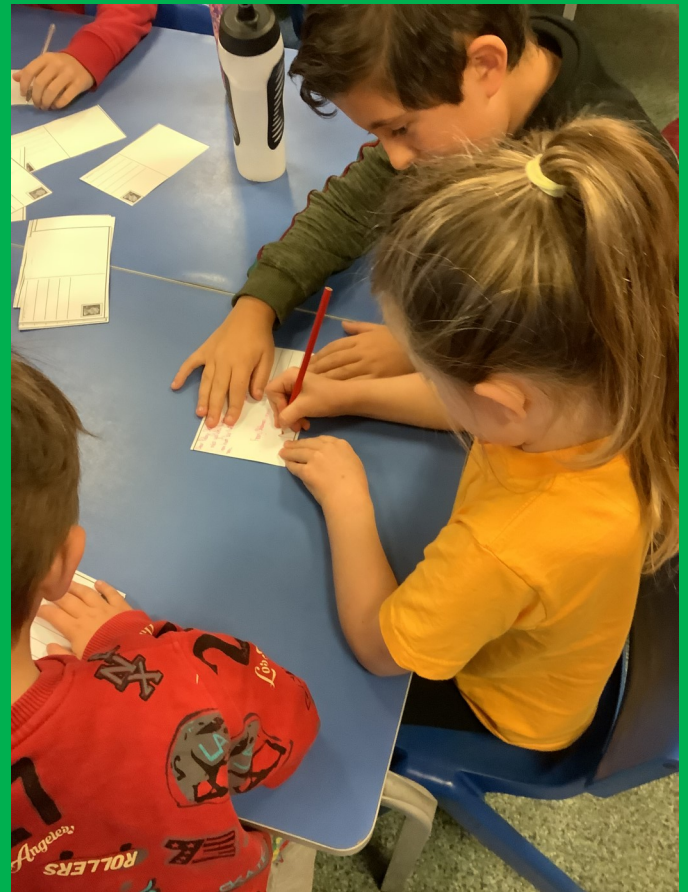
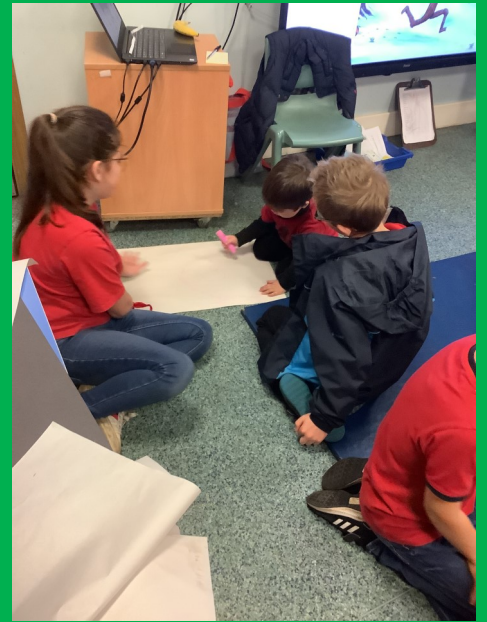
We are writers @ St Louis Writer's Festival

We had a brilliant first term during our Writing Festival



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We had a brilliant first term during our Writing Festival






Start building essential skills with your child at home

The Skills Builder Universal Framework provides a common language for building essential skills with children and young people.

Spotlight on Skillsbuilder: <https://www.skillsbuilder.org/homelearning>



Listening

The receiving, retaining and processing of information or ideas

This skill is all about being able to effectively receive information - whether it comes from customers, colleagues or stakeholders.

Initially, the skill steps concentrate on being able to listen effectively to others - including remembering short instructions, understanding why others are communicating and recording important information.

GETTING STARTED

Listening to others

Step 0	I listen to others without interrupting	BUILD IT >
Step 1	I listen to others and can remember short instructions	BUILD IT >
Step 2	I listen to others and can ask questions if I don't understand	BUILD IT >
Step 3	I listen to others and can tell someone else what it was about	BUILD IT >
Step 4	I listen to others and can tell why they are communicating with me	BUILD IT >

★ Skills Challenge

Monday 1st November 2021

Think of someone in your family who has a talent that you admire. It could be they are great at baking delicious cakes, or they seem to have green fingers and their plants always grow really well. They may know lots of card tricks or they have fun ideas of things to do on rainy days. Ask them to help you learn something they know - to share their talent with you. Listen carefully as they explain and ask questions to help you understand more.

Reflection Questions

Getting Started: How can you make sure you are listening carefully?

Intermediate: What does it mean to summarise what you have heard?

Advanced: How is the speaker using tone to persuade you the listener?

Mastery: How can you identify the core (main) points being made?

» Listening

[See all Skills Challenges](#)



Gina Finds Her Voice

Support learners to understand the concepts that underpin Speaking Steps 0 and 1, by...

 Skill Story

 Speaking

Steps 0 - 1

This term, our main focus is speaking and listening. The parent portal provides families with many resources to support this skill in the home. We are not expecting classes to achieve beyond Step 4 at present and younger students will be lower down the steps. In nursery, we are familiarising children with the symbols for the skills and beginning to talk about what good listening and speaking sound like. In the parent area, you will find daily challenges to try at home. These are voluntary activities that you may choose to access.

Your child may enjoy the short videos that target step 0 upwards in simple stages. Children start year 7 at Step 6 or 7 and so we are focusing up to step 4 only for older children at the moment.

If you do wish to look at the resources at home, please focus on speaking and listen. Our major focus up to Easter will be these two skills with the addition of teamwork. Whilst we'll talk about all the skills, they are built upon slowly to fully embed them.



School Council speak out

School Councillors have been busy sharing their views and representing their peers. They met Trina to discuss improvements to the healthy school menu and the packed lunch policy and offered suggestions for future menu planning. This consultation work is in addition to the addition to the Parent Panel and School Dietician consultation.

School also welcomed **PCSO Bill Butcher**, the Newmarket Town Police Community Support Officer. His role is fully funded by the Town Council initially for two years. Although he is Town Council Funded, he is employed by Suffolk Constabulary and remains attached to the Newmarket Police Safer Neighbourhood Team, as an additional resource. He is busy engaging with our School Council to get some feedback on what pupils see as issues which affect them and also their school and what could or should be happening to provide solutions. Children have been given an opportunity to ask him any questions too. He plans to meet with the School Council once a term and ultimately provide feedback to the Town Council to shape the future of The Town.



St Louis Young Journalists

An interview with Miss Spratt

Reporters Izzy and Harry interviewed Miss Spratt for the St Louis newsletter to find out more about their new class teacher in UKS2.



A former book editor, she is adept at finding her way around lengthy texts and is not adverse to suggesting improvement to writing. She also recognises the challenges that our reporters face in forthcoming SATs tests because she supported year 6 students as a private tutor. As a child born and studying in India, she took the long road to teaching and her specialist years are 3 to 6. St. Louis was an ideal choice of school because we excel in art and coincidentally, Miss Spratt's number one hobby is art. She is also skilled in pottery and loves to express herself creatively.

With a passion for history and travel, her favourite destination is Japan , especially for their delicious foods. Cheekily, we checked out her age and she's much older than she looks!

Had she not been a teacher, she'd have studied optometry because she's been impressed by specialists that have treated her poor eyesight.

Understandably, she finds a deep pleasure in reading books but her interviewers were surprised to discover that she is an accomplished snorkeler and not adverse to a game of cricket. She relaxes listening to the flute too. Since settling into her class, she wishes for a little more space to store things but thinks her class are wonderfully talented and given that sage is her favourite colour—her class newly painted wall is just a perfect match.

An interview with Mrs Vickerage

Reporters Emma and Bea interviewed Mrs Vickerage and were astonished to learn about her previous dance career

Mrs Vickerage didn't train as a teacher when younger. She began her career as a street dance teacher and she also travelled the world dancing on cruise ships. Later, when she had her children (Samuel age: 11 and Joshua age: 10) she started to re-train as a teacher - in 2016. She volunteered in a school for two years before she started teacher training and that was a whole busy year of studying and teaching placements.

Originally she grew up in Preston where she was born but she moved to Newmarket because her friends were nearby and it just was such a good place to live. She used to teach at St Felix School (Year 1 and Year 2) and at a school in Bury St Edmunds.

If she didn't teach, she would become a full time dancer. Her husband is called Peter and they have been married for 15 years. She used to have a dog, called Bernie, and he was a chocolate labrador.

She likes going to the cinema and seeing friends. She also has two brothers whom she sees often.

Emma and Bea are grateful to Miss Spratt for sharing her life story with them.



With the half term holidays behind us, winter weekends are now ahead. I bet that you are looking for things to do during the winter weekends and longer, dark evenings to keep busy, but the problem is, parents don't like you using your screen which excludes a lot of the options that you might be thinking of. So here are some ideas for what to do that are screen free during the darker winter days.

Option 1) Make Your Own Stress Balls

When you are bored at home and have nothing to do, you might get a little desperate and then get fidgety. So here is an idea of how to make a stress ball using only flour, rice, water beads, play dough, and even oobleck as a filler inside the balloon. The instructions on the link below;

<https://onelittleproject.com/how-to-make-a-stress-ball/>
Option 2) How to make and break code.

Sometimes you might not be using a keyboard but your own hands and a pencil and wanting to write a private letter. To keep top secret, this code may help and could be a fun new way to write. Confuse your family members in backwards quotes or blow your friends' minds when they are trying to solve your code. Top tips are on the link below and some activities once you have mastered your new skill

<https://kidsactivitiesblog.com/27282/secret-codes-to-write-a-coded-letter/>
Option 3) Learn a card trick

This is to you people that like a bit of magic or people that like to impress their friends. There are 10 different tricks on the link below. This is a lot of choice, choose wisely...

<https://parade.com/1033968/stephanieosmanski/easy-card-tricks/>

FREE SCHOOL MEALS (Year Reception to Year 2 are always free)

Your child in Year 3 and above will get free school meals if you receive any of the following:



- Income Support
- Income-based Job Seeker's Allowance
- Income-related Employment and Support Allowance
- Guarantee element of State Pension Credit
- Child Tax Credit but **no element of Working Tax Credit** and have an annual income (as assessed by HM Revenues & Customs) that does not exceed £16,190
- If you are supported under Part VI of the Immigration and Asylum Act 1999
- Working Tax Credit during the four-week period immediately after your employment finishes or after you start to work fewer hours per week
- Universal Credit (provided you have an annual net earned income of no more than £7,400 (£616.67 per month), as assessed by

earnings from up to three of your most recent assessment periods). To check if your child is eligible, apply online for an immediate response or call 0345 606 6067 for advice.

The aim of our policy is...
To keep up our success of being a Healthy School, we think all children should enjoy a healthy lunch. This guidance is to help packed lunches be as healthy as school meals which meet the School Food Standards.
www.schoolfoodplan.com/standards
How we will support the policy...
• We will ensure that free, fresh drinking water is available at all times and we strongly encourage to water only policy. It is not essential to include a drink in packed lunches as water is provided.
• We will provide menu ideas and practical advice for healthy, affordable packed lunches.
• We will reward pupils who bring in healthy packed lunches with prizes, points and/or certificates.
• We will allow pupils who bring a packed lunch and pupils who have a school dinner to sit and eat together.
• We will ensure we listen to our pupils and parents' views and ensure that the policy is fair and meets everyone's needs.
• Our traffic light system is in line with the School Food Standards for school meals.

Why have a policy for packed lunches?
Eating a healthy packed lunch or school meal is important to help children stay healthy, feel good and improve their ability to learn.
Our packed lunch guidance has been developed in response to parent surveys and observations of children's packed lunches, that found some less healthy foods that can affect energy levels, concentration, behaviour and health.
A healthier packed lunch focuses on the four main food groups of the Eatwell Guide, foods in purple the small section are not allowed to be eaten in school.

PACKED LUNCH POLICY LEAFLET
Leeds Packed Lunch Guidance
This policy has been created in consultation led by our School Council, supported by parents, governors and the Leeds Health Wellbeing Service.

Red foods
These foods are not allowed in school lunch boxes.

- Chocolate bars or sweets
- Crisps
- Cereal bars (these can be high in fat and sugar)
- Chocolate biscuits and cake bars
- Processed fruit products such as sandwiches (these can be high in sugar)
- Sugary drinks such as CapriSun, Ribena, squash, fizzy drinks and energy drinks.

Amber foods
These types of foods could be included occasionally as part of a balanced packed lunch.

- High soft or fat snacks such as, snack-packs, crackers, bread sticks.
- Small plain or fruit cakes such as scones, tea cakes or malt loaf.
- Plain biscuits, flapjacks or fig rolls
- Processed meat products such as sausage rolls, pies, corned beef, pasties, peppermorns or sausages.

Green foods
You can put these in lunch boxes everyday or as often as you like.

- 1 portion of fruit and 1 portion of vegetables. This could include fresh, frozen or dried.
- A type of starchy food such as bread, pasta, pitta, bagels, waffles etc. Try to include wholegrain varieties.
- Meat, fish or other sources of non-dairy protein (e.g. lentils, kidney beans, quorn, chickpeas, houmous, eggs).
- Dairy food such as milk, cheese, yogurt or fromage frais.
- Oily fish such as salmon or sardines at least once every three weeks (fried lunch doesn't count).
- Only water as we provide all pupils with free fresh drinking water throughout the day and of lunchtimes.



Our Catholic Faith in School



ALL SAINTS DAY

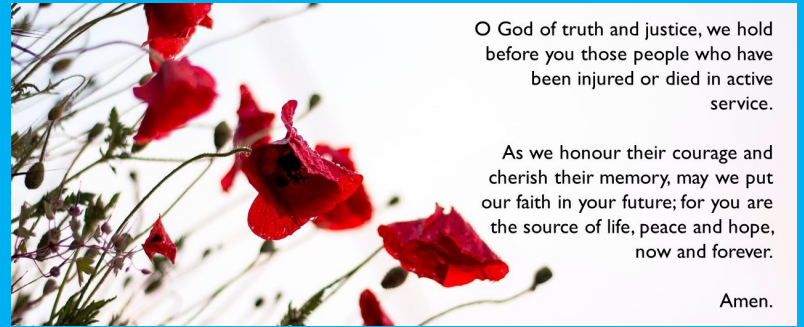
All Saints' Day is a Christian holiday. It is celebrated on November 1 in the Roman Catholic Church and on the first Sunday after Pentecost in the Eastern Orthodox Church. (Pentecost takes place 50 days after Easter.) It is officially known as the Sunday of All Saints in the Orthodox Church and as the Solemnity of All Saints in the Roman Catholic Church.

All Saints' Day celebrates all the Christian saints. Saints are holy people who are believed to be very close to God. Roman Catholics and Eastern Orthodox Christians believe that saints have special powers to help people. People celebrate the saints by lighting candles and going to church.

In some places, people bring flowers to cemeteries and clean the graves of their loved ones for All Saints' Day. For instance, in Louisiana people clean and paint tombs and put flowers on the graves. A priest then blesses the graves. The state of Louisiana has such a large Roman Catholic population that November 1st is a state holiday.

No one is sure how All Saints' Day came to be or why it falls on the days it does. Some people think it started as a feast day for martyrs on May 13. (A martyr is someone who dies for his or her religious beliefs.) This may have started as early as AD 359. In the late 500s and early 600s, the Sunday of the Nativity of the Saints was recorded as taking place the week after Pentecost.

Another theory is that All Saints' Day came from Ireland. In the oldest Irish book on martyrs, *Féilire of Oengus*, a feast of all saints on November 1 is possibly mentioned. Also, the Irish often designated the first day of the month for important feasts. November 1 is the beginning of the Celtic winter, so it is possible that the feast of all saints occurred on the same day. The celebration of All Saints' Day on November 1 may have passed to England and then on to the European continent. In the 700s Pope Gregory III dedicated a chapel in Saint Peter's, Rome, on November 1 in honor of all saints. A later pope ordered that all Catholics should observe the day on November 1.



O God of truth and justice, we hold before you those people who have been injured or died in active service.

As we honour their courage and cherish their memory, may we put our faith in your future; for you are the source of life, peace and hope, now and forever.

Amen.

We will be thinking about all those who have died in wars on Remembrance Day this year. Each Class will be laying their class wreaths in the Prayer Garden.

Tchaikovsky



Music of the Month

Please check YouTube content before playing in class

Listen to the music of Tchaikovsky...

https://www.youtube.com/watch?v=7_WWz2DSnT8

If you have been inspired by the music of the great composers Hans Zimmer, Beethoven and Tchaikovsky, you could create your own timeline that shows when they and other composers were born. Share this with your class and family.



Who is Tchaikovsky?

Pyotr Ilyich Tchaikovsky was a Russian composer

He was born in 1840 in Votkinsk, Russia

He played the piano and composed his first song at the age of 4

Tchaikovsky composed the music for a series of great works including Swan Lake in 1876, The Sleeping Beauty ballet in 1890 and The Nutcracker ballet in 1892

Every week we scoop up, wash and dry lost and abandoned jumpers and cardigans. If you have lost one, please ask for a free replacement from our enormous collection of unlabeled ones. It may not be your original one but this avoids the need to buy a new one. Just tell us by email, the size and design and we'll get one ready for collection.

admin@stlouisacademy.co.uk



Please label your email – Jumper replacement request (or JRR). You can also buy

nearly new

great quality uniform from
**2nd Hand Uniform –
St. Louis Catholic
Academy—a facebook
page managed by
Kathleen Das**



Ukulele Concerts

Our Ukulele teacher, Amanda Freborn– Morgan, is keen to share the children's learning. She will be aiming to hold concerts for families and carers of children in **KS1, LKS2 and KS2** at the end of term to showcase what the children have learnt so far.

**Save your blue shopping tokens for St Louis Teaching
Kitchen collection at Tesco Newmarket**



FOSL member, Mrs Emma Joy-Staines has successfully applied on behalf of St Louis to be part of the Tesco Community Grants scheme that helps to fund thousands of local projects across the country.

The project with the highest number of votes across your region will receive £1,500 (or the amount that was requested up to this value), the second placed project £1,000 (or the amount that was requested up to this value), and the third placed project £500.

Feel free to share this list of stores amongst your supporters and within your community.

4483 NEWMARKET EXTRA CB8 7AH Extra

**PLEASE VOTE FOR US UP TO DECEMBER: ASK FRIENDS
AND FAMILY TO VOTE TOO!**

We need all your blue tokens PLEASE



Mrs Musconico's 'little' brother, Triston, (27 this week!) is at COP26 because he is a climate researcher. He is a researcher who asks, 'How can we look after the world better than we are currently doing it?'

He's made a great video for her class live from inside the conference centre from the Media Centre all about what COP is has set the class a couple of challenges for the week. She has shared this across the school. Tristan will be sending his live updates all week.

Find more resources to discuss at home: <https://together-for-our-planet.ukcop26.org/schools-pack-resources/>

TRISTAN'S CHALLENGES TO US ALL

Challenge 1—turn off lights when you leave a room

Challenge 2— ask your teachers and your families what they are doing about climate change in our school and at home

OUR CATHOLIC TEACHING FOCUS IN SCHOOL THIS AUTUMN



the DIOCESE of EAST ANGLIA

Welcome back to a new school year at St Louis! It is wonderful to be able to gather together and live out our faith both within the school community and by going out into the wider community. Here's a broad overview of what's going on Church / faith-wise this term...

What's going on in the Catholic Church: Calendar:

As we return to school, we will have our prayer cloths **green** as we will be in the **season of Ordinary Time**. Green symbolises **hope and life and growth** which is rather lovely at the start of the new school year.

Nearly every day is a saint's day in the Catholic calendar(!), but these are a few key dates coming up this term:

- 1st Sept: World Day of Prayer for the Care of Creation
- 12th Sept: Education Day
- 14th Sept: Exaltation of the Holy Cross (feast)
- 19th Sept: Home Mission Day
- 21st Sept: St Matthew (feast)
- 24th Sept: Our Lady of Walsingham (solemnity)
- 27th Sept: St Vincent de Paul
- 29th Sept: Feast of the archangels
- 1st Oct: Harvest Fast Day
- 4th Oct: St Francis of Assisi
- 7th Oct: Our Lady of the Rosary
- 18th Oct: St Luke (feast)
- 24th Oct: World Mission Day
- 31st Oct: All Saints (solemnity)
- 2nd Nov: All Souls Day
- 11th Nov: Remembrance Day
- 14th Nov: Remembrance Sunday / World Day of the Poor
- 20th Nov: St Edmund
- 21st Nov: Our Lord Jesus Christ, King of the Universe (solemnity). Youth Sunday!
- 28th Nov: 1st Sunday of Advent
- 3rd Dec: Migrants' Day
- 8th Dec: Immaculate Conception of Mary

Mission statement: By recognising Jesus Christ in ourselves and others, our school strives to be a living Christian community which values and nurtures each individual through a sound education and encourages responsible attitudes towards our changing world.

Our Lady of Walsingham.

St Louis is part of the 'Our Lady of Walsingham Catholic Trust' along with several other schools and we will celebrate the associated solemnity on 24/9. But why is Walsingham so special?

In 1061, a Saxon noblewoman called **Richeldis de Faverches** had a vision. In this vision, Mary 'took' **Richeldis** to her home in Nazareth where the Angel Gabriel had appeared to Mary and told her that she was going to give birth to the Son of God. Mary then asked **Richeldis** to build an exact copy of this house in Walsingham, hence why this little village in Norfolk is sometimes referred to as the 'Nazareth of England'. This house was built and became a prime pilgrimage spot.

Although it is no longer there, pilgrims can visit the shrines and the remains of the Augustinian priory which was in use until its dissolution in 1538 (part of Henry VIII's reforms).



1/9 saw the World Day of Prayer for the Care of Creation. This 'Season of Creation' normally extends until St Francis' day on 4/10.

We also await COP26 (1st-12th November, led by the UK), which is the 26th UN Climate Change Conference in Glasgow, which will bring together heads of states, climate experts and campaigners to discuss and agree on how to tackle climate change.

How can we work together as a school community to show care for God's creation?

RE in school this term: Our Gospel values for this term are **Community, Cooperation and Creation**.

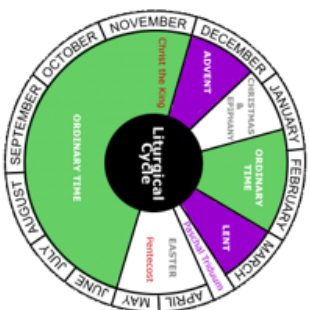
EVFS: God's World, Welcome (Baptism), God's Family (Advent)

KS1: Beginnings (Creation), Signs and Symbols, Mysteries (Advent)

LKS2: The Bible, Judaism (the Torah), Trust in God (Advent)

UKS2: The Kingdom of God, Judaism (Yom Kippur), Justice (Advent)

NB: KS2 will also be doing some additional units each term this year as we reorganise our planning.



Let us pray...

As we join together once more at the start of this new academic year, help us to remember not only to focus on our studies, but also to look out into the wider world. Remind us to use our words and actions to help those who are struggling and our hurting planet. Challenge us so that we might become who you made us to be: loving and gentle people who love your entire creation. Amen.



Dates for your diary

19th November : wear your own clothes day FOSL fundraiser

28th November—24th December **Advent—a period of prayer and fundraising for Cafod**



10th December—wear your Christmas Jumper Day



Carol Service with Fr Leo—Dress as an Angel, Shepherd or King

2nd December—gift a raffle prize for the FOSL Christmas Raffle Hampers supported by school staff



Christmas dinner and party day **Tuesday 14th December**



December Ukulele Concerts



22nd February—7th March Fairtrade Fortnight

2nd March—14th April Lent —a period of prayer and fundraising for Cafod .

Our Lady Immaculate and St. Etheldreda Catholic Church, Newmarket

For all church dates and news, check the weekly church bulletin <http://www.olise.co.uk/wordpress/> Link to the latest newsletter from the parish home page

